

SPEAKING, MEDIA, AND INTERVIEW TOPICS

Communication and Conflict

- How to listen without interrupting, fixing, or defending
- Disagreement is inevitable; contention is not
- Why resolving conflict begins on the inside
- Four phases for moving from conflict to collaboration

Marriage and Mature Love

- Why love alone is not enough for a healthy marriage
- How small choices in key moments build—or erode—trust
- Why couples become roommates and how they rebuild friendship
- How vulnerable communication leads to healing and intimacy

Emotional Maturity and Meaningful Living

- The Four Stages of Adult Development
- The hero's choice: reclaiming agency when life does not go as planned
- How strengthening choices build character
- Living from the inside out rather than being governed by circumstances

Parenting for Responsibility and Emotional Maturity

- Why the goal of parenting is self-government, not control
- How overmanaging and overindulging weaken responsibility
- Combining love, structure, authority, and accountability
- Helping children solve problems rather than solving problems for them

SUGGESTED INTERVIEW QUESTIONS

- What is a Key Moment, and why do these moments have so much power to shape our lives?
- What are the Four Stages of Adult Development, and how do people move toward serenity?
- What is the difference between a weakening choice and a strengthening choice?
- Why do many relationship problems reflect a skills gap rather than a love gap?
- How can people disagree honestly without damaging trust or connection?
- What is one choice a person can make today to strengthen an important relationship?

- Why do difficult conversations so often fail even when both people have good intentions?
 - What does it mean to say that resolving conflict begins on the inside?
 - How can people listen without agreeing, fixing, or becoming defensive?
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- How can people reclaim a sense of agency when life does not go as planned?
 - What does it mean to live from the inside out?
 - How do repeated choices in small moments shape character over time?
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- Why is love alone not enough to sustain a healthy marriage?
 - How do couples move from recurring conflict to greater trust and connection?
 - What does vulnerable communication look like in a marriage?
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- Why is self-government a better goal than parental control?
- How can parents combine empathy with expectations and accountability?
- When should parents help children solve problems, and when should they step back?